



JOIN US FOR KERRI TALKS!

All parents welcome to stay after the Season Opener meeting, 10:30 - 11:30am in the Olympic Lounge, 2nd Floor

SATURDAY 29

ETOBICOKE OLYMPIUM SEPTEMBER 590 RATHBURN RD. 12:30

11:30



First in a new series of sessions featuring OSSC Head Coach Kerri Morgan. Future sessions are in planning so if you have ideas for topics you'd like featured, email coachkerri@bellnet.net, and use KERRI TALKS in the subject line.



- > Figures and routines
- ➤ Alternates what are they and why do we need them?
- ➤ New competition structure introduced this season







